

Motion Performance Chiropractic

Hi. I hope that things are well with you and that you are enjoying the early summer warmth. I wanted to update you as to what has been a lot of changes for me professionally in recent months. As you already know, I am no longer with Osar Consulting. I have since been in solo practice, and hence "Motion Performance Chiropractic." It has been a great time and I have definitely learned a lot about running a business and dealing with the dreaded insurance companies. (All the rumors are true by the way!)

I have taken over the lease at St. Francis, and am happy to still be working along with Dr. Fred Ettner, at 800 Austin, Suite #308 in Evanston. The décor has changed slightly but other than that it is very similar to what you are used to. I have also started practicing one day a week out of a Pilate's Studio in Bucktown called *FrogTemple*. It's located at 1749 N. Damen Ave. It has been great to be in a place of fitness and health with many instructors who are really talented!

I do have a new website: www.mpgchicago.com. It is a work in progress, but I invite you to take a look. I have put some exercises on there that you may find useful. I plan to continue to post more exercises so that you can access them anytime if you have questions. This will enable you to go back and review them without needing me three months from now!

Outside of simply updating you to these changes, I would like to celebrate my new endeavors by having a **Patient Appreciation Day**. It is a way for me to say thank you to all my patients that make it possible for me to practice. That day will be **Friday June, 25th**. It will consist of me treating all patients at **no charge** all day long. Also, if you have family or friends who you think would benefit, but they have been putting off care, they are encouraged to come as well. Anyone you think could benefit, this is a great opportunity for them to see how Motion Performance Chiropractic can help. The only exchange that I ask for is two canned food items per person for donation.

I do have a few stipulations in order to keep the day flowing properly. Treatments will consist of a wellness treatment - not geared toward any one particular injury - and consist mostly of adjustments and soft tissue work. Also if possible please schedule with me -or at least let me know that you are planning on coming in. Patients that have not been seen in a few months, or new patients must schedule in order to allow ample time. Please call to schedule at (224-622-8766) or write me an email (Deppenc@gmail.com).

I want everyone to have an opportunity to take advantage of this day, and as such I will be in the office from 7am until 8pm. If you schedule an appointment, obviously I will stick to that time frame. Walk-ins are welcome but will be seen on a first come first serve basis. As always, if you have any questions, or if I can help you in any way, please do not hesitate to contact me. Have a wonderful summer, and I hope to see you soon.

Sincerely,

Dr. Drew Deppen

Friday June 25th 2010, Patient Appreciation Day!